

## Swimming Pathway Implementation

This document provides information relating to the new Swimming Competition Structure and is targeted at ASA Clubs, Counties & Regions.

Regions have been tasked with implementing the recommendations in 2015.

Counties are requested to implement the recommendations in 2015, if possible, and should make preparations for full implementation in 2016.

The Open Meet Licensing Guidelines will be re-written to reflect the new structure. In the meantime clubs are reminded that they still have flexibility to hold competitions using 'Age at Day' but they must ensure they comply with the regulations covering the minimum ages of competition.

This is a 'live' document and will be updated as appropriate.

ASA Swimming Management Group

5<sup>th</sup> October 2014

Dates for your Diary – 2015

British Championships – Trials (50m): 14<sup>th</sup>-18<sup>th</sup> April, London Aquatic Centre

British Summer Championships (50m): 28<sup>th</sup> July – 2<sup>nd</sup> August, Ponds Forge, Sheffield

ASA Summer Nationals (50m): 4<sup>th</sup> – 9<sup>th</sup> August, Ponds Forge, Sheffield

ASA Winter Nationals (25m): 17<sup>th</sup> – 20<sup>th</sup> December, Ponds Forge, Sheffield

### LEVELS & TYPES OF MEET

<b>EVENT LEVEL:</b>	<b>British Championships / Trials</b>
<b>TIMEFRAME:</b>	To be confirmed on an annual basis, however nominally planned for week 2 or 3 of April each year to 2020
<b>POOL SPECIFICATION:</b>	Long course
<b>LICENSING DETAIL:</b>	Level 1
<b>AGE BASED ON:</b>	31 <sup>st</sup> December in the year of competition

The format of all Trial events will be decided upon by the National Performance Director and GB Head Coach to provide the most appropriate and optimal selection competition as a precursor to the end-of-season benchmark international competitions.

**EVENT LEVEL:** **British Summer Championships**

**TIMEFRAME:** Calendar weeks 30→ 31 (inclusive)

**POOL SPECIFICATION:** Long course

**LICENSING DETAIL:** Level 1

**AGE BASED ON:** 31<sup>st</sup> December in the year of competition

**MINIMUM AGE:** 13 years of age in the year of competition (via 13/14 rankings)

**AGE BANDINGS:** 13/14 years; 15 years; 16 years; 17 years; 18 years & over

**QUALIFICATION:** Entry drawn from the British Rankings database

Top 24 ranked individual British swimmers per event and age band identified from British ranking list from the specified qualifying window. Top 20 relays teams in the specified age groupings invited based on the specific relay qualifying competitions.

**EVENT DETAIL:**

EVENT / AGE	13/14 years	15 years	16 years	17 years	18 & over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<b>4 x 100m Freestyle Relay</b>			14-16 Years		17+ years
<b>4 x 200m Freestyle Relay</b>			14-16 Years		17+ years
<b>4 x 100m Medley Relay</b>			14-16 Years		17+ years

**Essential:**

- 50m -400m events to follow a Heat-Final format
- Separate morning Heat and late afternoon Finals sessions
- Combined age Heats and specific age finals
- The last 3 heats (up to 200m events), or 2 heats (400m events) with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.
- Home Nation discretion to combine Ages at heat and/or final level in accordance with level and number of entrants available
- 800/1500m events as Heat Declared Winner, with the fastest heat in a finals session

**EVENT LEVEL:** Home Nation Summer Meets

**TIMEFRAME:** Calendar weeks 29 → 33 (inclusive)

**POOL SPECIFICATION:** Long course

**LICENSING DETAIL:** Level 1

**AGE BASED ON:** 31<sup>st</sup> December in the year of competition

**MINIMUM AGE:** 12 years of age in the year of competition (via 12/13 rankings)

**AGE BANDINGS:** 12/13 years; 14 years; 15 years; 16 year; 17 years & over

**QUALIFICATION:** Entry drawn from the British Rankings database

Individuals identified from English/Welsh/Scottish ranking list from the specified qualifying window, who have not qualified in that event for British Summer Championships. The number of individuals invited to be set by the individual Home Nation. Relay qualification as set by the individual Home Nation.

Further qualification methods are at the discretion of the individual Home Nation based on the specific competition format, while must maintain the integrity of the qualification window principle.

**EVENT DETAIL:**

EVENT / AGE	12/13 years	14 years	15 years	16 years	17 and over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

<b>Relay Events</b>	As appropriate to the specific event.
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**SPECIFIC EVENT ISSUES/DETAIL:**

**Essential:**

- 50m -400m events to follow a Heat-Final format
- Separate Heat and Finals sessions
- The last 3 heats (up to 200m events), or 2 heats (400m events) with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.
- Home Nation discretion to combine Ages at heat and/or final level in accordance with level and number of entrants available
- 800/1500m events as Heat Declared Winner

**Desirable:**

- Fastest heat of 800/1500 within a finals session

**EVENT LEVEL:** English Regional, Scottish NAGs and Welsh NAGs

**TIMEFRAME:** Calendar weeks 14 → 22 (inclusive)

**POOL SPECIFICATION:** Long course

**LICENSING DETAIL:** Level 1

**AGE BASED ON:** 31<sup>st</sup> December in the year of competition

**MINIMUM AGE:** 11 years of age in the year of competition (via 11/12 qualifying time)

**AGE BANDINGS:** 11/12 years; 13 years; 14 years; 15 years; 16 years; 17 years & over

**QUALIFICATION:** Qualification process and standards set by each home nation

**EVENT DETAIL:**

EVENT / AGE	11/12 years	13 years	14 years	15 years	16 years	17 & over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

4 x 100m Freestyle Relay		14-16 Years	17+ years
4 x 200m Freestyle Relay		14-16 Years	17+ years
4 x 100m Medley Relay		14-16 Years	17+ years
Further Relay Events	As appropriate to the specific event.		

**SPECIFIC EVENT ISSUES/DETAIL:**

**Essential:**

- 50m , 100m and 200m events Heats and Finals.
- 400m events as Heat Declared Winner as a minimum.
- 800/1500m events as Heat Declared Winner.
- The last 3 heats of (up to 200m) events with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.
- Qualification event for relays at British Summer Nationals: 14-16 years and 17+ in the following events: 4 x 100m Freestyle Relay / 4 x 200m Freestyle Relay / 4 x 100m Medley Relay

**Desirable:**

- 400m events Heats and Finals
- The last 2 heats of (400m) events with Finals to be cyclically seeded, other heats to be spearhead seeded.
- Consideration to be given to individual or sub groups of Ages in heats, eg separate events for 11/12-13; 14-16; 17+ rather than 11-20 year olds in the same set of heats, which would not be considered an optimal format

<b>EVENT LEVEL:</b>	<b>English County, Welsh Regional and Scottish District</b>
<b>TIMEFRAME:</b>	Calendar weeks 2 → 9 (inclusive)
<b>POOL SPECIFICATION:</b>	Long or short course
<b>AGE BASED ON:</b>	31 <sup>st</sup> December in the year of competition
<b>MINIMUM AGE:</b>	10 years of age in the year of competition (via 10/11 qualifying time)
<b>AGE BANDINGS:</b>	10/11 years; 12 years; 13 years; 14 years; 15 years; 16 years & over
<b>QUALIFICATION:</b>	Open entry Qualification standards set by County/Region/District.

**EVENT DETAIL:**

EVENT / AGE	10/11 years	12 years	13 years	14 years	15 years	16 years & over
50m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m Freestyle	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
800/1500m Freestyle		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Backstroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Breaststroke	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
50m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m Butterfly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
100m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
200m I.M.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
400m I.M.		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

<b>Relay Events</b>	As appropriate to the individual event. No specific requirement.
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**SPECIFIC EVENT ISSUES/DETAIL:**

**Essential:**

- 50m & 100m events Heats and Finals.
- 200m events as Heat Declared Winner as a minimum.
- 400m+ events as Heat Declared Winner
- The last 3 heats of events with Finals to be cyclically seeded, other heats and HDW events to be spearhead seeded.

**Desirable:**

- 200m events Heats and Finals
- Consideration to be given to individual or sub groups of Ages in heats, eg separate events for 10/11-12; 13-15; 16+ rather than 10-20 year olds in the same set of heats, which would not be considered an optimal format.

**EVENT LEVEL:** **ASA Winter Meet (also SASA & WASA Meets)**  
**TIMEFRAME:** Calendar week 51  
**POOL SPECIFICATION:** Short course  
**LICENSING DETAIL:** Level 2  
**AGE BASED ON:** 31<sup>st</sup> December in the year of competition

Entry by the achievement of the Qualifying standard, in a short course pool, at a meet licensed at Level 2 in the year of the competition. No converted times accepted.

Full Programme of Events and Qualifying Standards to be released in due course.